

## ADVISORY COMMISSION ON AGING

### General Session Agenda

**Monday, November 13, 2023**

**9:15am – 11:45am**

#### In-Person

**Maxwell Park Conference Room  
6955 Foothill Blvd. Suite 137/143  
Oakland, California 94605**

**TELECONFERENCING GUIDELINES:** FOR TELECONFERENCED COMMISSION MEETINGS, MEMBERS OF THE PUBLIC MAY OBSERVE AND PARTICIPATE IN MEETINGS BY FOLLOWING THIS LINK: [ZOOM LINK](#) DIALING IN: +1 669 900 6833 US (San Jose). Meeting ID: 899 2454 4024| Passcode: 839169

Public participation at Commission meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to two minutes. The chosen spokesperson for a group may speak for four minutes.

Agenda Item	Material Provided	Presenter	Time
Call to Order/Roll Call		<b>Chair</b>	9:15—9:20
Approval of October 9, 2023, ACA Meeting Minutes	Attached	<b>Chair/Commission</b>	9:20 – 9:25
Comments from the Public for Items not on the agenda		<b>General Public</b>	9:25 – 9:35
Comments from the ACA Chair <ul style="list-style-type: none"> <li>Status of ACA</li> <li>Recruitment</li> <li>Tentative Speaker Topics -see attachment</li> <li>Etc.</li> </ul>		<b>Chair</b>	9:35 – 9:50
Introduction of New Commissioner		<b>Denise McCowan, Commissioner</b>	9:50 – 10:00
Presentation on California Advancing & Innovating Medi-Cal ( <b>CalAIM</b> )		<b>Wend Peterson, Senior Services Coalition of Alameda County</b>	10:00 – 10:30
2023-2024 Area Plan Update (APU)		<b>Kim Fogel, SSA</b>	10:30 – 10:40
Countywide Area Plan (CWAP) Update		<b>Kim Fogel, SSA</b>	10:40—11:00
Area Agency on Aging Director Report		<b>Jennifer Stephens-Pierre, SSA</b>	11:00 – 11:15

Holiday Baskets		<b>Diarra Piggue, Outreach Specialist</b>	11:15—11:20
Commission Committee Reports <ul style="list-style-type: none"> <li>▪ Executive</li> <li>▪ Service Delivery</li> <li>▪ Public Relations</li> <li>▪ Legislative</li> </ul>	(5 min per report)	<b>Committee Members</b>	11:20—11:40
Oral Communications/Announcements		<b>Commissioners, Staff, Public</b>	11:40—11:45
Adjourn		<b>Commission</b>	11:45

***WINTER RECESS--No schedule meetings in December 2023***

**Next ACA General Session Committee is scheduled for Monday, January 8, 2023, 9:15am—11:45pm**

Check website [Advisory Commission on Aging \(alamedacountysocialservices.org\)](http://alamedacountysocialservices.org) for update.

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**Notes**

**ADVISORY COMMISSION ON AGING (ACA)**  
**Commission Meeting Minutes**  
**Monday, October 9<sup>th</sup>, 2023 | 9:15am to 11:45am**  
**Maxwell Park Room, Eastmont Mall, Ste 143**

<p><b><u>ACA Commissioners Present</u></b>  Laura McMichael-Cady (Chair)  Barbara Price  Bobby Grant (Virtual)  Donna Griggs-Murphy (Virtual)</p> <p><b><u>Commissioners Absent</u></b>  Dr. Linda Boykins</p>	<p><b><u>County of Alameda Staff Present</u></b>  Charles Jones  Deborah Cooper  Esperanza Contreras  Jennifer Stephens-Pierre  Kim Fogel  Mariana Austin  Marlisa Davis  Sonya Frost (Division Director)</p>
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Item	Discussion / Recommendations
A. CALL TO ORDER	Meeting Chaired by Commissioner McMichael-Cady called to order at 9:31am. Roll Call of Commissioners Quorum not achieved. Commissioner Boykins arrived at 9:50am. Quorum achieved.
B. REVIEW AGENDA.	Agenda reviewed and approved as read.
C. APPROVE MINUTES	Motion to accept meeting minutes from 09/11/2023: (M) Boykins (S) Price Approved.
D. COMMENTS FROM THE PUBLIC	<ul style="list-style-type: none"> <li>None</li> </ul>
E. COMMENTS FROM THE CHAIR	<p><b><i>ACTION ITEM:</i></b> Commission to create a schedule of future speakers.</p> <ul style="list-style-type: none"> <li>Chair McMichael-Cady has discussed with AAA Director the possibility of sending commissioners to conferences.</li> </ul>
F. CWAP UPDATE	<ul style="list-style-type: none"> <li>The State has received and accepted the Countywide Area Plan.</li> <li>See attached presentation for additional details.</li> </ul> Motion to recess in December of 2023: (M) McMichael-Cady (S) Boykins Approved.

G. AAA DIRECTOR'S REPORT (J. Stephens-Pierre)	<ul style="list-style-type: none"> <li>• AAA still waiting on Mayor's response on new Commissioner from the Mayor's Conference.</li> <li>•</li> </ul>
H. BYLAWS REVIEW	<ul style="list-style-type: none"> <li>• Committees are no longer ad hoc.</li> <li>• Removal of Motion to approve the bylaws as amended. (M) Boykins (S) Price Approved.</li> </ul>
I. COMMITTEE REPORTS	<ul style="list-style-type: none"> <li>• <b>Executive Committee</b> – No report.</li> <li>• <b>Service Delivery</b> – No report.</li> <li>• <b>Public Relations</b> – No Report.</li> <li>• <b>Legislative</b> – There will be a legislative session at the end October.</li> </ul>
J. ORAL COMMUNICATIONS AND ANNOUNCEMENTS	<ul style="list-style-type: none"> <li>• None</li> </ul>
K. OTHER ITEMS	<ul style="list-style-type: none"> <li>• <b>Next Meetings:</b> Executive Committee: Monday, Oct 23<sup>th</sup>, 2023, at 9:00AM ACA Commission Meeting: Monday, November 13<sup>th</sup>, 2023 at 9:15AM</li> </ul>
L. ADJOURNMENT	Meeting adjourned at 10:45am



# UPDTE

**ALAMEDA COUNTY:  
WHERE AGING IS ALL ABOUT LIVING**

**AREA AGENCY ON AGING  
COUNTYWIDE AREA PLAN (CWAP),  
2024-2028**

***PRESENTED TO: ALAMEDA COUNTY  
ADVISORY COMMISSION ON AGING***

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**PRESENTERS:**

**JENNIFER STEPHENS-PIERRE, DIRECTOR  
KIM FOGEL, MANAGEMENT ANALYST**

**AREA AGENCY ON AGING  
ALAMEDA COUNTY SOCIAL SERVICES AGENCY**

**October 9, 2023**



# CWAP 2024-2028

This is the Alameda County Area Agency on Aging's plan for services to older adults under the Older Americans Act (OAA):

- Comprehensive document required by federal and state law every 4 years
- Organized around Alameda County's 9 Domains of Livability for an Age-Friendly Community
- Lessons learned from this unparalleled four-year period.





# CWAP 2024-2028: PROGRESS REPORT

- AAA's CWAP Steering Committee comprising providers and County staff, Advisory Commission on Aging, and the Social Services Agency's Office of Data and Evaluation have launched a Countywide survey of adults age 55+, focus groups, public forums, outreach at events, and outreach to difficult-to-reach seniors and caregivers.
- Focus Groups in Progress: I&A roundtable, Homeless, Caregivers, Veterans, LGBTQA+, HIV+, and Skilled Nursing Facility residents. Currently forming: focus group of ACBH providers.







# CWAP SURVEY – THE PLAN



## COUNTY WIDE AREA PLAN SURVEY

Every four years the County of Alameda Area Agency on Aging collects data from older county residents, which we use to determine current and future needs of seniors.

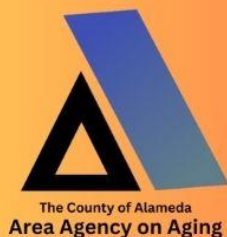
If you are 55+, your participation is needed! Scan the QR code below, or log onto <https://t.ly/ROkq>



CWAP@acgov.org



510-268-CWAP



## Your Plan. Your Voice.

- Survey available electronically and print. Translations available or in process. Social Services Agency's Core languages: English, Spanish, Chinese, Vietnamese, Farsi, Cambodian, Korean, Tagalog, Hindi, and Amharic. Contact [krfogel@acgov.org](mailto:krfogel@acgov.org) if you need print surveys for your organization! We deliver and pick up.
- Please share this announcement with your networks! Other marketing efforts: Direct mail, social media, PSAs on TV and radio, advertising, press releases, and working with our community partners to reach consumers.
- [PSA preview](#) (please note it is being revised)





# CWAP 2024-2028: STATUS OF SURVEY

- Approximately 1,000 surveys received online and printed.
- Increased news coverage, advertising, Board of Supervisors support, ACA, and community partners promoting the survey to their recipients.

website | Facebook | Twitter | Instagram

**SUPERVISOR KEITH CARSON**  
Proudly Serving District 5!



**Wednesday Weekly**  
Your weekly source for upcoming events and community announcements in and around District 5  
District 5 of Alameda County includes Albany, Berkeley, Emeryville, Piedmont, and parts of Oakland.

**September 6, 2023**

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**COVID-19 Information for Alameda County**



**COVID-19 CORONAVIRUS**

For the latest information and news about the ongoing COVID-19 pandemic, please visit Alameda County's dedicated COVID-19 website. There, you will find information about symptoms, accessing testing, treatment, and vaccines, current masking requirements, health orders, workplace and school guidance, community resources, and much more.

[covid-19.acgov.org](https://covid-19.acgov.org)

**Countywide Area Plan for Older Adults Survey**



**Countywide Area Plan for Older Adults Survey**

Every 4 years, the Alameda County Agency on Aging prepares a Countywide Area Plan (CWAP) for Older Adults, which serves as the County's strategy to provide services for seniors and create a more age friendly community. This is your plan, and needs your voice.

Give your input and take the survey [HERE](#).

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**Alameda County Board of Supervisors**



**ALAMEDA COUNTY BOARD OF SUPERVISORS**

The next regular Board of Supervisors meeting scheduled for **Tuesday, September 19, 2023**, begins at 9:30 AM.

Visit the Board of Supervisors' website to access the agenda: [aca.acgov.org](https://aca.acgov.org)

Members of the public may appear in-person at participate in meetings of the Board of Supervisors. Alternatively, members of the public may choose to via meetings and participate remotely through teleconferencing.

[Click here](#) for public participation guidelines.

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**Oakland Pride and Pridefest: Parade & Festival**



Main Stage: Deborah Cox  
Latin Stage: Diana Reyes

**Oakland Pride Pridefest**

Oakland Pride is back bigger and stronger than ever! 11 year Oakland Pride and Pridefest have joined forces create a sponsorship of strength and respect while elevating our unified mission to celebrate and support it

## San Leandro Times

### Residents 55+ Invited to Take Alameda County Survey

Alameda County residents 55 and over will be heard this fall, playing a role in planning services for older adults.

Every four years, the Alameda County's Area Agency on Aging (AAA) prepares a Countywide Area Plan for Older Adults (CWAP) - the County's strategy for serving residents 55+ to create a more age-friendly community. The plan would not be possible without the County's needs assessment - known as "the CWAP Survey." The County's survey is available online and in print until Sept. 30.

The Alameda County Survey can be found at: <https://bit.ly/YRVOICE>

"I want to encourage older adults and their friends to respond to the Countywide

Area Plan Survey. It is very important for us to determine the needs of seniors," said Nate Miley, President of the Alameda County Board of Supervisors. "I am very thankful for those that take the time to complete the survey to help the County and our older adults."

Housed within the Alameda County Social Services Agency's Adult and Aging Services Department, the AAA coordinates services that advance the health and well-being of older adults in Alameda County. Even if you have never heard of the AAA, you have felt its impact in your community through programs such as Meals on Wheels, Fall Prevention classes, services for people living with

Alzheimer's disease and their caregivers, and the information and assistance provided through the Aging and Disability Resource Connection.

Translations of the CWAP survey are available online in Traditional Chinese, Simplified Chinese, Tagalog, Farsi, Khmer, and Vietnamese, and will be available shortly in Korean. Printed versions of the survey are currently available in English, Spanish, Traditional Chinese, and Simplified Chinese and will be available shortly in Tagalog, Farsi, Khmer, Vietnamese, Arabic, and Korean.

To obtain printed copies or for any other questions about the CWAP Survey: (510) 268-CWAP (2927) or email [cwap@acgov.org](mailto:cwap@acgov.org).

Seniors Living Well

### County agency seeking input from older adults

Needs assessment to help direct staff on what services are most vital

By CHRISTIAN TRUJANO

The Alameda County Area Agency on Aging is continuing to ask older adults to respond to its 2024-28 Countywide Area Plan for Older Adults survey so that the agency can determine their needs and identify issues that matter specifically to senior communities.

"It's really important that older adults respond so that the county, and government in general, can have a contemporary understanding of what the concerns and needs are for older adults," Alameda County Supervisor Nate Miley told the Weekly.

"People are living longer," Miley added. "So it's important that the government understands what the needs are of older adults so we can begin to provide services that are meeting those needs... we want to make sure that they age successfully and age gracefully."

The Area Agency on Aging, also known as the AAA, is a county department that uses federal money from the Older Americans Act federal initiative to fund programs such as the Meals on Wheels program,

which delivers food to senior citizens. It is also one of the major funding sources for senior centers across the county and helps fund other services such as transportation, case management and family caregiver support.

But the agency doesn't just offer these different services at random.

Every four years, AAA sends out a needs assessment survey to its older communities so that it can collect the data and incorporate it into its Countywide Area Plan for Older Adults. This year, there has been a bigger emphasis on collecting that data due to the fact that the last update to the plan happened before the pandemic.

"We're really looking at the lessons learned" Jennifer Stephens-Pierre, director for the AAA, told the Weekly. "We want to take what we have found out in COVID... and we want to make sure that we are addressing those issues in this plan."

Stephens-Pierre, who has led the agency for the last four years, said that as someone who champions older justice and older adult services, it is important for her to hear directly from older adults about

their current needs given how much has changed in regard to how the county provides and offers services thanks to the pandemic.

She also said it's important to know what services need to get updated or reimagined because the fact is that older adults were the most impacted population from COVID.

"We need our older adults to tell us if we're on target, or to help us identify issues that we may not be aware of," Stephens-Pierre said.

She said that the countywide plan, which is a living document that gets used by different departments throughout the county, will be looking to mainly address food insecurity, disaster preparedness and social isolation, which has been a huge issue for older adults prior to and after the pandemic.

However, one of the biggest challenges that she said the agency will also have to address is the digital divide that has come out of the pandemic.

Older residents have considerably felt the impact from the sudden shift to online and virtual services, according to a journal

published in the National Center for Biotechnology Information titled "Overcoming the Digital Divide in the Post-COVID-19 'Reset': Enhancing Group Virtual Visits with Community Health Workers."

According to the journal, "less than one-third of Medicare beneficiaries aged over 65 years have reported digital access at home, and those aged over 75 years and with less than high school-level education are less likely to use technology for health care needs."

Stephens-Pierre said that while her agency has done things like providing older adults with iPads and helping them install Google speakers, there is still a huge educational divide in that a lot of seniors don't have access to Wi-Fi and don't know how to navigate the online world.

"As a result of the pandemic, a lot of things have switched over to online," Miley said. "If older adults don't have a sense of technology, have the devices to get connected and understand this, then they're going to be at a place where their needs aren't being responded to digitally and it's going to make them even more vulnerable as a population."

So Miley and Stephens-Pierre really stress how important it is for older adults to respond to the county survey, which will also incorporate data collected from July to August from the California Department of Aging's first ever statewide needs assessment for adults 55 years and older.

"There's a plethora of concerns out there and the issues of older adults can be minimized if they aren't speaking out and speaking up," Miley said. As someone who's a champion of older adults, I really feel it's important that we value and recognize the contribution that older adults have provided to our society, to our communities, to our families, and others and we can't do that if we don't understand their needs and concerns."

"We need to hear from you," Stephens-Pierre said. "don't let us guess what's best for you... this is the chance for older adults to be at the table to tell us what their needs are."

The county's survey has been extended until Oct. 31 and can be accessed at [www.surveymonkey.com/r/ACCWAP24-28](https://www.surveymonkey.com/r/ACCWAP24-28).



# DATA: WHO ARE WE REACHING

Q44

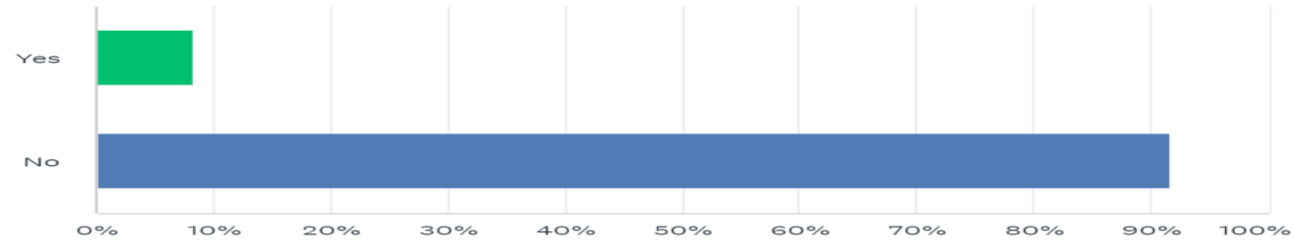


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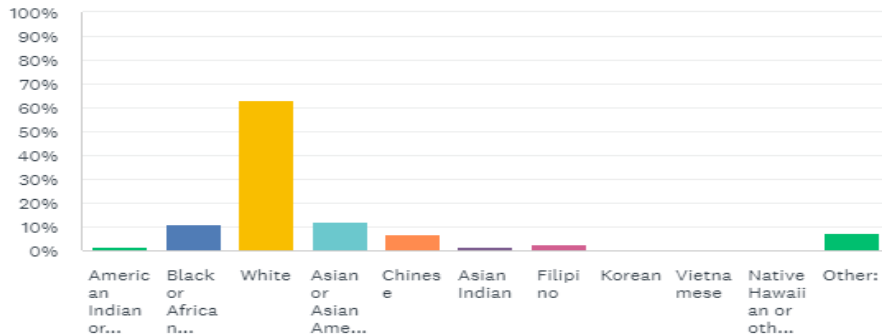
Are you Spanish, Hispanic, or Latino?

Answered: 455 Skipped: 219



How do you identify your race? (Please check all that apply or include your response in the space below):

Answered: 278 Skipped: 148

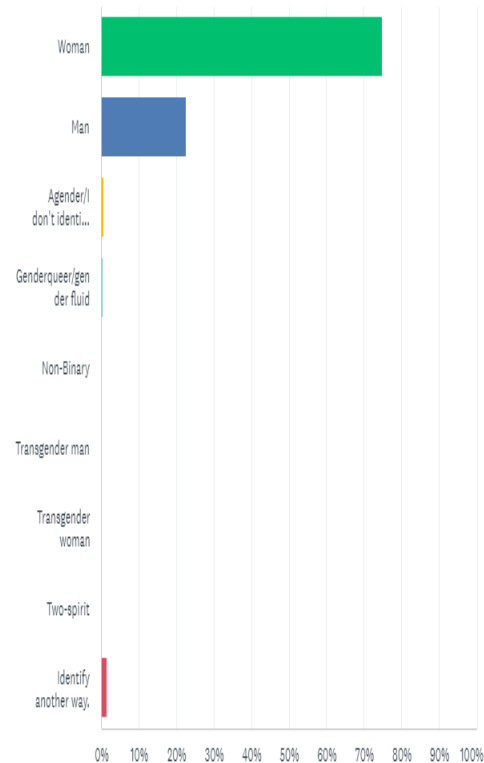




# DATA: WHO ARE WE REACHING?

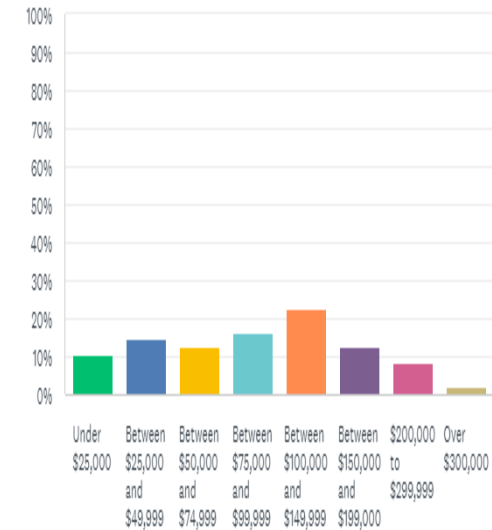
What is your gender?

Answered: 283 Skipped: 141



How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Answered: 254 Skipped: 172

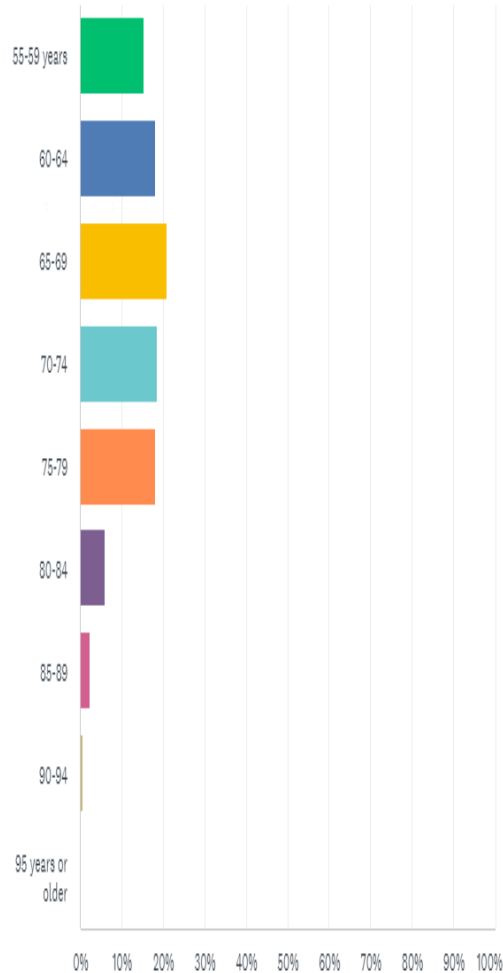




# DATA: WHO ARE WE REACHING?

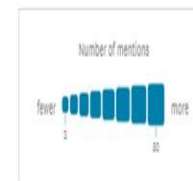
What is your age category?

Answered: 287 Skipped: 139



What is your zip code?

Answered: 424 Skipped: 0





# Status Updates/Dates to Save/Help Needed

*Can you recommend any local talent for an “icebreaker?”*

## **September 28, 2023**

United Seniors Healthy Living Festival  
CWAP. AAA staff delivered update from the  
Main Stage & collected 170 surveys in  
English, Chinese, and Spanish.

## **October 18, 2023**

Commission Survey Event  
Hayward Senior Housing  
Residents' Community Room  
22078 Arbor Ave., Hayward



## **October 30, 2023**

Public Forum, District 5, 3:30p  
Location: Ed Roberts Campus, 3075 Adeline St.,  
Berkeley

## **November 13, 2023**

Public Forum, District 2, 2:30p  
Ruggieri Senior Center, 33997 Alvarado-Niles Rd,  
Union City

## **December 6, 2023**

Public Forum, District 3, 3p  
Location TBA

## **Public Forum Planning in process**

District 1, District 4 (possible joint presentation)





## ACA MEETING SCHEDULE Guest Tentative Speakers & Meeting Topics

2023 Meetings	
November 13th	<b>Wendy Peterson</b> , Senior Services Coalition of Alameda County Presentation on CalAIM
December	NO MEETING – WINTER BREAK

2024 Meetings (Organizations listed to be considered but not confirmed)	
January 8 <sup>th</sup>	<b>Housing Resources</b> APS - HomeSafe, Rebuilding Together, PEARLS program
February 12 <sup>th</sup>	<b>Mental Health</b> Empowered Aging (?)
March 11 <sup>th</sup>	CWAP Public Hearing
April 8 <sup>th</sup>	<b>Nutrition Services</b> Grab & Go Nutrition Program: Meals on Wheels or Mercy Brown Bag Other meal providers: Spectrum or Open Heart Kitchen
May 13 <sup>th</sup>	<b>Village Movement California</b> Elder Justice, Representation from local Villages
June 10 <sup>th</sup>	ELECTIONS – Nomination Committee
July	NO MEETING – SUMMER BREAK
August 12 <sup>th</sup>	<b>National Will &amp; Estate Planning Month</b> APS, Public Guardian Director
September 9 <sup>th</sup>	<b>Fall Prevention Month</b> TBD
October 14 <sup>th</sup>	<i>Is a County HOLIDAY (do we move it to next Monday or the next day, Tuesday?)</i> <b>Open Enrollment</b> LAS Hicap Member
November 11 <sup>th</sup>	<i>Is a County HOLIDAY (do we move it to next Monday or the next day, Tuesday?)</i> <b>Theme?</b> CalAIM
December	NO MEETING – WINTER BREAK